April/ May/ June 2019

From the Editor's Desk

To make the New York State Horse Council (NYSHC) Newsletter successful and useful to all, as the editor I will continue to need your input for all future newsletters. The NYSHC Newsletter can be a great way to get the word out about equine activities and initiatives throughout New York State. I am excited to share articles and pictures from all of our NYSHC members and area equestrians.

The NYSHC Newsletter will be published quarterly. Following are the Issue numbers and the deadline date for having information in the Newsletter.

Issue 1 - January, February, and March Deadline is December 1st Issue 2 - April, May, and June

Deadline is March 1st

Issue 3 – July, August, and September Deadline is June 1st

Issue 4 –October, November, and December Deadline is September 1st

Please E-mail your documents and j-peg photos for the upcoming newsletters to:

barbcunningham11@gmail.com. If you have questions you can also call me at 716-735-3529.

I would like to thank everyone who has contributed to this edition and look forward to you making this an informative and helpful newsletter in the future.

Barb Cunningham, Editor

2019 NYSHC Officers

If you have any questions regarding the NYSHC feel free to contact the officers or the VP and Directors in your Region.(see next page)

President:	Treasurer:	
Shannon Budnik (2020)	Stephen Ropel (2020)	
Email: shannon.budnik@nyshc.org	Email: stephen.ropel@nyshc.org	
Phone: 845-436-7669	Phone: 518-366-8998	
Exec Vice-President:	Recording Secretary	
Sue Knauer (2020)	Sarah E.J. Collier (2020)	
Email: susan.knauer@nyshc.org	Email: sarah.collier@nyshc.org	
Phone: 585-230-3720	Phone: 585-709-6076	

DO YOU KNOW WHAT REGION YOU ARE IN?



NYSHC Regional Contacts

Feel free to call or e-mail your regional contact person with any questions or problems you have.

Capitol Region - vacant

Central Region

Gary Slate – VP (315)-638-4868

garvsharonslate@gmail.com

Dan Gruen - Director (315)-749-8086

brookfieldctr@roadrunner.com:

 $\textbf{Sharon Young Slate - Director} \hspace{0.2cm} \textbf{(315)-638-4868}$

garysharonslate@gmail.com

Mid-Hudson Region

Colleen Segarra - VP (845)-744-1728

phishmare@aol.com

Donna Putnam - Director (845)-728-2164

donnaputnam3237@gmail.com

Southeast Region

Alison Clarke - VP (602)-300-3711

aclarke33@outlook.com

Jacqueline Osborn – Director (917)-826-7347

JacquelineAOsborn@gmail.com

Joanna Sasso Director (516)-967-6476

JoannaSasso@gmail.com

Northern Region

Karen Lassell - VP (518)-593-9768

lassell@whminer.com

Chauntel Gillilard - Director (518)-578-2392

csghorses@gmail.com

Mary Beth Green - Director (315)-590-2034

dgreen5@twcny.rr.com

Southern Tier Region

Wendy Wakula - VP (607)-849-6042

wendy.wakula@nyshc.org

Finger Lakes Region

Dru Malavase - VP (585)-657-7053

drumalavase@hotmail.com

Western Region

Lissette Ruotolo - VP: (203)-809-9559

LMRuotolo@yahoo.com

Barb Cunningham - Director (716)-735-3529

barbcunningham11@gmail.com

A Word from the President

The NYSHC was founded in 1968 by a small and dedicated group of people. Through the last 50 years this organization has accomplished a great deal including pioneering safety standards, advocating for humane equine practices, managing land use, and providing all around support for the horse and the people that love them.

The NYSHC has changed the lives of many both human and equine. We are thankful for the support and interest from members like you.

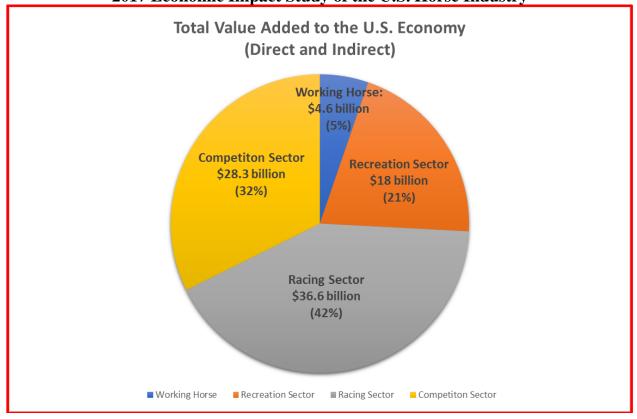
It's now time to shed our winter coats and hats and look forward to longer days and the warm breezes of spring and summer. This of course means more time with our 4 legged companions. Being a member of the NYSHC offers us all a tremendous opportunity to participate in a

variety of equine activities that are available through many of the chapters and regions. We encourage everyone to take advantage and utilize our calendar located on our website (www.nyshc.org) to find events in your area and to submit events that may be of interest to other equestrians.

I want to personally thank all the individuals who have volunteered their time to help keep this organization running so efficiently. It is clear that we have a great group of passionate and energetic members that make this organization what it is today.

Sincerely, Shannon Budnik President, NYSHC Shannon.Budnik@nyshc.org (845)-436-766

The information below is from the American Horse Council's (AHC) 2017 Economic Impact Study of the U.S. Horse Industry



HORSE COUNCIL REGIONAL REPORTS

Region – 1 Southeast

West Hills Stables in Melville, NY, to reopen around June 1st - Newsday, updated May1st, 2019. "We're thrilled that Suffolk County cleaned the facility up and thrilled to have a new operator in there," said Joanna Sasso, head of the Muttontown Horseman's Association and a regional director of the New York State Horse Council. "Everyone is anxious to get back there." Full story:

https://www.newsday.com/long-island/politics/west-hills-equestrian-suffolk-1.30523147

Manhattan Saddlery in NYC hosted a book signing and Q&A with Heather Wallace, author of the best-selling book "Confessions of a Timid Rider." Heather Wallace is a Certified Equine Sports Massage Therapist (ESMT) and Certified Canine Massage Therapist (CCMT) revealing her journey as a returning adult equestrian in her award-winning blog, The Timid Rider.



Her first book, Equestrian Handbook of Excuses, was a 2017 Literary Selection for the Equus Film Festival. Her bestselling book, Confessions of a Timid Rider, details her insights about being an anxiety-ridden but passionate equestrian and winner of Best Non-Fiction at the 2018 Equus Film Festival. This book earned 5 stars with Reader's Favorite and was considered Amazon's #1 Hot New Release in Equestrian.

She is the Media Consultant for The Gobi Desert Cup, a 480-kilometer endurance ride in Mongolia. She is also the Content Manager and a regular writer for Equine Info Exchange which can be found by going to the following website: https://www.equineinfoexchange.com/ Heather also contributes to equestrian publications including Sidelines Magazine and Holistic Horse Magazine. You can follow her on social media @timidrider or at timidrider.com.

2 autographed copies of "Confessions of a Timid Rider" will be available amongst the prizes at the NYSHC Fall Pleasure Ride, which will be taking place Columbus Day Weekend.

Submitted by Alison C. Clarke, Southeast Vice President NYSHC

Region – 2 Mid Hudson

The Mid Hudson Region is excited for spring! The weather here is starting to warm up, and the trails are finally clear! On March 29, I attended the Catskills Great Outdoor Expo in Kingston, with a display board of NYSHC information, handouts, and flyers for the upcoming Ulster County Horse Council (UCHC) events.

Several of our chapters have events planned: Ulster County had a Working Equitation Clinic with Sandra Washburn on April 7 at Kindred Spirit Horsemanship in New Paltz and a members-only trail ride on May 4 on the Wallkill Rail Trail. An Open Horse Show on May 11 at the Ulster County Fairgrounds will raise funds for the Ulster County 4-H Horse Program.

UCHC is joining with Mid-Hudson Driving
Association and Hudson Valley Draft Horse
Association to host a Square Dance on May 18 at the
Ulster County Fairgrounds. UCHC will be
participating in the Hudson Valley Obstacle
Challenge Series and encourages everyone to
participate. Hosts are Revolution Equestrian in
Pawling (Dutchess County) on May 26, Sunside
Equestrian in Cairo (Greene County) in June or July
on a date to be determined, Ulster County Horse
Council at Kindred Spirit Horsemanship in New Paltz
on August 18, and Equine Rescue Resource at the
Middletown Rotary Show in Middletown (Orange
County) on September 15. Orange County had a tack
swap earlier this spring, and is inviting speakers to

meetings and hosting a gymkhana series at Orange County Park on May 25, July 13, and August 17. Putnam County has scheduled their customary Poker Ride on June 9 and Hunter Pace on September 29. Sullivan County has reorganized, and a new Board of Directors is in place, thanks primarily to Colleen Segarra for stepping up as Mid-Hudson Regional

Vice-President to get them back on track. Many of the chapters are also welcoming members from neighboring counties which have no chapters. Please come to one of our events and introduce yourself!

Donna Putnam, Mid-Hudson Regional Director (845) 728-2229 donnaputnam3237@gmail.com

Orange County Chapter (OCHC) - http://www.orangecountyhc.com/

OCHC hosted a Tack Swap/Sale as a membership drive event Saturday February 2nd at Hamptonburgh Town Hall in our usual meeting room to assist publicity and meet new people. The event was a huge success for networking and swapping and we will need a larger area next year. Thank you to our local 4H who provided refreshments for the event.

The Speed event series is in the works with a new team of enthusiastic OCHC members and chair Andrea Crawford to include a clinic with NBHA

World Champion Ozzie Morris. Ozzie is also a new member to OCHC! Dates May 25, July 13, and August 17th and we are at the 25 member mark for our insurance.

OCHC website has new webmaster and is updated with membership information as needed.

Spring guest speakers are yet to be determined, and our members look forward to the warm weather! Debbie Schiraldi, OCHC President

Putnam County Chapter & Westchester County Chapter http://www.putnamhorsecouncil.org

Putnam and Westchester are working on a merger, with Putnam taking the lead. They have met with Akindale Thoroughbred Rescue in Pawling, NY and will be holding a poker run trail ride in June and a hunter pace in September. They have chapter funds being held at the state and are requesting that the state draw funds from there to cover the certificates

of insurance for these events. It is everyone's hope that these events and this new partnership will encourage new membership. In the near future, they will be reaching out to Dutchess county horse owners to encourage membership; if successful this will model the Farm Bureau's tri-county region.

Sullivan County Chapter https://www.facebook.com/groups/11893662481469

The Sullivan chapter held an organizational meeting in February. As of the March 24, 2019 meeting, there is a new board of directors in place and their membership went from 4 to 26 within 30 days. Their

next meeting is scheduled for Sunday June 2nd at Stone Wall Farms. The meeting is to take place during the lunch break of the Trail Horse Obstacle Clinic.

Ulster County Chapter https://www.uchc-ny.org/

The Ulster County Chapter has been working to organize this year's events. Currently scheduled and confirmed is

- the members only trail ride at Minnewaska (exact location to meet will be posted on FB) May 4, 2019 begining at 11:00am. Other events being planned include:
- •Open Show to benefit 4H held May 11, 2019 at the Ulster County Fair Grounds

Obstacle Challenge to be held August 18, 2019, part of the Hudson Valley Series Local Chapter Scholarship criteria was updated and posted.

The Chapter has a current vacancy - Scholarship Chair as Diane Schoonmaker respectfully stepped down February 25th, 2019 after many years of appreciated effort in this position. The Chapter will be looking to fill this position again in the future

Region – 5 Central

Spring has finally arrived in Central Region. Crocuses and daffodils are up, horses are shedding, and the lawn is littered with branches blown off

during winter storms and winds. Birds are arriving to find nesting materials and the first bugs of the season. Winter blankets and sheets come off, and hope

springs in the heart of horse owners. How can you not see there is a plan to all this as Easter arrives? The New York State Horse Council is anticipating the approaching show season by agreeing to help sponsor two events in Central Region. The first will be the New York State Horse Breeders Association show, Division I (May 16-19) and Division II (May 23-26). Each division provides classes for a variety of the many breeds of horses that make Central New York home, as well as some unique breeds rarely seen in this area. Full details and prize lists are listed at nyshba.com.

The second event is the very popular Carriage Competition on the state park grounds of Lorenzo in Cazenovia, New York (July 19-21). There is no other place in Central New York where the tradition of carriage driving is presented on such a scale as it is at this annual show. Full details and scheduling are at lorenzodriving.org.

For the trail riders, there are many trails available throughout the state, and many of those can be found on the website of the Horse Council at nyshc.org, and going to the menu "trails", and then "NYS trails guide".

Here in Onondaga County, there is one trail on county land at Highland Forest Fabius. The horse trails open May 1 through October 31 and details are available at onondagcountyparks.com.

Gary Slate, Vice President Central Region

Region – 6 Southern Tier

While there is no Chapter in the Southern Tier Region, it is not due to the lack of a vibrant equine community.

Some examples:

- Broome Maine Mavericks show series in Whitney Point.
- Chemung Chemung County Fair in Horseheads, over 170 years, harness racing, multi-day, multidiscipline horse show. TwinTiers Classic Show series.
- Chenango southern access to Charles Baker State Forest a/k/a Brookfield, Chensego Hunter Association show series.
- Cortland home of Tuller Hill horse trails, Annual NYS Draft Horse Sale at Cortland County Fairgrounds, HQ for Central New York Horse Club.
- Tri Valley Horseman's Association, Leatherstocking Riding Club.
- Otsego Otsego County Fair, Morris NY; with Harness Racing, multi-discipline 4-H horse show

- Delaware Delaware County Fair in Walton over 130years, Multi-day Multi discipline horse show.
- In August, Bear Spring Mountain Camping & Trails, Catskill Rail Trail, 26 miles.
- Chensego Hunter Association show series•Schuyler Finger Lakes National Forest & Hector Half Hundred.
- Schuyler Equine Conference in Watkins Glen.
- Tioga Jenskvilee State Forest multi-use area; Tioga Downs, Skyline Corral show series.
- Tompkins home of NYSCVM, Dryden -Freeville Rail Trail, Hammond Hill State Forest Multi-use trails.
- CNY Dressage & Combined Training Assoc.
- Cornell Polo since 1919, multiple National Championships by both Men's & Women's teams.
- Trumansburg Fair harness racing.

Submitted by VP Wendy Wakula

Region – 7 Finger Lakes See page 10: WNYDA AND USPC DRESSAGE MUSICAL FREESTYLE CLINIC.

Western Region - 8

<u>Cattchaut Chapter</u> <u>https://www.facebook.com/groups/440051409383476/</u>

The Cattchaut Chapter had a booth at Equifest with Pauline Burnes who gave a presentation on Cattaraugus and Allegany Co. trails. During EquiFest, many local trail riders expressed interest in the Trail System at Pine Hill/South Valley. The new trail to Onoville and the ice cream parlor there has proven to be a favorite. What a great event Equifest has become congrats to all involved! I have been attending meetings with the Cattaraugus Co Equestrian Advisory Board who work with the County Legislators on behalf of horses and horsemen in the county.

Next on our agenda will be clearing and checking trails for damage. This will commence once it dries and the snow is gone off the hills. We have 30 miles of trail to maintain so it takes some hours to complete.

Submitted by:

Veronica Weber, President Cattchaut

Western Chapter

http://www.wcnyshc.org/

Once again EquiFest proved a successful event. For the first time, this event was managed by the professionals at the Erie County Agricultural Society who are experts in the mechanics of events such as EquiFest. (They are the folks who put on the Erie County Fair.) The Western Chapter was a comanager. The two day event featured 100 vendor, and had three areas of presentations running each day with a variety of clinicians and topics. Purina Feed sponsored Amberley Snyder, a nationally known barrel racer, who had been injured in an auto accident

and continues to barrel race. EquiFest was attended by horse lovers not only from Eestern NY but all of New York, Pennsylvania, Ohio, and Canada. As in past years there was no fee to attend this family friendly event.

Other activities planned by the Western Chapter include five clinics to be held throughout our area. One "Youth Spot" is being sponsored by the Western Chapter at each clinic.

Barb Cunningham, Western Region Director

COMMITTEE REPORTS:

Humane/Welfare:

Composting Horse Mortality and Mortality Disposal Alternatives: With the decline of the rendering industry, managing routine livestock mortality in an effective, economical and environmentally sound manner has become more difficult. Over 900,000 horses have to be properly managed annually in the US. Disposal should be done in a manner that is most acceptable to the owner, protects public health and safety, does not create a nuisance, prevents

the spread of disease, or have adverse effects on water and air quality. There are a number of a ways to accomplish equine disposal. For more information and safe methods of disposal, please go to the following Website:

https://lpelc.org/composting-horse-mortality-and-mortality-disposal-alternatives/

Humane/Welfare Chair: Colleen Segarra

Email: phishmare@aol.com Phone: 845-744-1728

Publicity / Publications Committee

Work has begun on information helpful to handling encounters with the users who are negative towards those with horses on multi-use trails. Chair / Co-Chair:

Sharon Young Slate and Gary Slate Email: garysharonslate@gmail.com

Phone: 315-638-4868

Youth Committee

I have been in contact with 4H leaders in the Western Region with success. Neither the 4H programs nor collegiate programs were aware of the scholarship programs, Ride and Drive program, and youth membership at an individual level which the NYSHC offers. It seems that contact with the higher levels of these programs does not translate on the ground level. I have discussed ways to participate in the 4H programs directly and am in contact with the leaders of local groups. I have discussed ways to support

youth members with leaders of Morrisville State's equine program. They are very interested in hosting a collaborative program event. The event would be hosted at Morrisville and the invitees would be youth interested in pursuing equine careers. They could do demonstrations, tours of the equine rehab facility, and general meet and greet. I have developed a rapport with three college students interested in membership and scholarship opportunities and look forward to their joining the NYSHC.

Suggestions for consideration by the board

include:

- waiving the membership requirement for the youth scholarship.
- Waiving the Ride and Drive fees for youth riders.

Sincerely, Lissette M. Ruotolo,

Email: Lmruotolo@yahoo.com

Phone: 203-809-9559

Ride and Drive Program

It is not too late to participate in the NYSHC Ride and Drive Program! All ages are welcome. If you ride or drive your horse, please consider joining in and having some fun! Every hour you spend riding or driving your horse counts, whether you are on trails, in show rings, going down the road, in a parade, or in your own back yard. You must be a NYSHC member to join (dues paid for that current year). Then just sign up and pay an initial start fee of \$15 (\$5 every year after to continue participating), obtain an official NYSHC log sheet and start filling in the hours. The Program will run the calendar year. Fees must be paid in order to receive awards. You will receive a participation removable poly window sticker when you start. After you accumulate 25 hours you will receive a Ride and Drive Patch Award and as you add up those hours you will receive awards (hour bars) after 100, 200, 300, 500, 750, 1000 hours and

so on and just maybe you will see your name in the NYSHC Newsletter. There is no limit on how long it takes you to achieve each patch award. Hours will be counted on the Rider/Driver and carried over from year to year. We also have End of Year Awards (dependent on sponsorship). Categories include: Most hours riding for the year, Most hours driven for the year, Vintage Rider/Driver (63+ years) with most hours, Youth Rider/Driver (under 19) with most hours, and Family combined hours award. Start making plans to join in the Ride-Drive Program and rack up those hours. A great place to be racking up those hours is at one of the NYSHC Sponsored rides or events. For more details, or if you would like to sponsor an AWARD, or for more information please contact:

Donna Putnam at 845-728-2229 or donnaputnam3237@gmail.com

2018 Ride and Drive Winners		
Most hours ridden	Susan Nickerson	530.25 hours
Most hours driven	Larry Thurber	38 hours
Family with most hours combined	Anne and Halle Blood	660 hours
Vintage rider/driver-over 63	Shari Chase (64 yrs)	237 hours
Youngest rider/driver	Halle Blood (13 yrs)	440 hours

Western Chapter's Equifest 2019 Delights Over 4000 Area Horse Enthusiasts

EquiFest 2019 is in the books and received rave reviews for the variety of presentations, the huge slate of vendors, and the welcoming atmosphere of the Western Chapter!



For the first time, the growing event was managed by the professionals at the Erie County Agricultural Society who are experts in the mechanics of events such as EquiFest. CEO Jessica Underberg, did an amazing job, as did her Staff Amber Klein, Kirby Dygert, and Laura Kwilos along with main ring announcer Chelsea Sutton who worked tirelessly with the Western Chapter staff to pull off the best ever event. Western Chapter President Peter Tarnawskyj says that this arrangement will assure the continuation of this event and still allow for attendance to be free.



The two day event featured vendors and events which were of interest to all. The Family Fun Coral had activities for the smaller cowboys and cowgirls.

The ever popular Breed Avenue, located in Agriculture Discovery Center (ADC), was of interest to many.



The two day event featured three presentation areas which were filled with events to interest all throughout the day. The Theater in the ADC featured talks from caring for trails, to the dental care of horses. The ShowPlex arena was filled with many clinicians both days including a local 4-H group and their Miniature horses.

Purina Feed sponsored head liner Amberley Snyder, a nationally known barrel racer, who had been injured in an auto accident and continues to barrel race. Amberley offered an evening talk entitled "There is no future in giving up". Her presentation left many feeling uplifted and optimistic about any challenges that they might face.



A huge Thank You to all the Sponsors for the 2019 EquiFest including the Agricultural Society, Country Folks MANE Stream (Lee Newspapers Inc.), Purina, Clyde's Feed and Animal Center, Homestead Stables, Allegany Mountain Trail Saddles, Triple Crown Nutrition, Upstate Cow Horse Productions, and Cowgirl Couture. Shavings for all of the horse stalls and events were generously donated by G. McFeeters and Clyde's Feed and Animal Center.

WNYDA AND USPC DRESSAGE MUSICAL FREESTYLE CLINIC

Because of renewed interest from dressage riders in learning how to develop an original musical freestyle ride, the WNY Dressage Association and the WNY Region of the United States Pony Clubs jointly sponsored a clinic in Canandaigua on March 16th.

Presenters were Dru Malavase, longtime member of both organizations and USPC graduate rider Dirk Malavase who is a musician, sound engineer, and software developer who has assisted with freestyles for riders of levels from Training to Grand Prix.

Videos of developing rides were provided by WNYDA members Susan Clark (2nd Level) and Kim Blazak (4th Level). Both expect to have new rides ready for competition this summer. Kim got some live practice by showing her 2018 Freestyle the week after the clinic at Equifest at the Erie County Showplex.

Attending USPC young members included one from Lake Effect Pony Club in Wayne County, four senior members from Bristol Hills Pony Club in Ontario County, and five tween and teen members from East Aurora Pony Club in Erie County. The 28 adults

attending from WNYDA and Central NY Dressage Association included; competitors, instructors, coaches, and parents and one supportive husband who is a sound engineer.

The clinic included advice on how to choose choreography allowed for the rider/horse combination's current competition level; matching the horse's foot patterns to appropriate music; different ways to establish how much of each gait's music is needed; judging rules and preferences; how to edit the music for best effect; how to use current technology for practice sessions; and technical requirements for making the final CD which get presented to the announcer at a competition.

The Pony Club riders have a target date of May 19th since they will be riding at the WNY USPC Dressage Rally in Penfield, Monroe County and those riders who hope to qualify for USPC National Championships will be required to show either a Freestyle or a Pas de Deux, which is a Freestyle choreographed for a pair of riders.

Submitted by Drusilla Malavase

NORTHAMPTON DRIVING SOCIETY WILL HOST 33RD ANNUAL SHOW

The prize list just went out for the Northampton Driving Society's 33rd annual pleasure driving competition. There are reinsmanship and working classes for very small equines, ponies, horses and pairs as well as timed obstacles – a cones course and a scurry. The scurry is new this year and is basically cones without the course – the driver has to proceed from start through ten obstacles to finish in any direction. Each obstacle may be driven through only once. The scurry will require some planning and strategy by the whip and should be a fun addition to the show! There will also be judging for Concours d' Elegance – the winner will be turnout (horse, carriage and driver) that, in the opinion of the judge, presents the most consistent overall elegant effect. Expect lovely carriages, traditional appointments, and gorgeous hats! There will also be a trophy awarded to the single turnout that demonstrates the best suitability for a safe and pleasant drive.

The show will be held on Sunday, June 23, 2019 at

Northampton Park in Spencerport, New York in cooperation with the Monroe County Parks
Department and Heritage Christian Services. Dave Remley has kindly agreed to be the judge for this event

The prize list and entry form is available on the NDS website –

https://www.northamptondrivingsociety.org or contact Bob Brunsdon at (585) 964-2148. Entries most be postmarked on or before June 14, 2019 for \$15/class/members or \$18/class/non-members although day of show entries will be accepted with a \$20 late fee.

The show is free to spectators and starts at 9am. There will be a concession stand until early afternoon. Bring your lawn chairs and enjoy the carriage driving tradition.

Submitted by Audrey Cooper

From The Ground Up Therapeutic Horsemanship and Syracuse University Collaborate

From The Ground Up Therapeutic Horsemanship, Inc. is proud to again co-instruct "Introduction to Equine-Assisted Activities and Therapies" at Syracuse University's Falk College School of Social Work and to offer the experiential sessions at From The Ground Up Therapeutic Horsemanship, Inc. A 6-week, 3-credit class, SWK 482/682 (graduate and undergraduate levels) Introduction to Equine-Assisted Activities and Therapies (EAAT), is offered at Falk College during the Summer Session. The course addresses the therapeutic use of horses with children and adults experiencing various physical, cognitive, and emotional challenges, including Autism, Down Syndrome, Traumatic Brain Injury, Post Traumatic Stress Disorder and other health problems. The course also presents the nature of horses as aids to motivation, learning and healing, avenues for further education and certifications related to EAAT, and practical aspects of a therapeutic horsemanship program, including safety. The course includes a classroom session on SU's campus (Mondays 6-9:45 PM) and experiential sessions with From the Ground Up Therapeutic Horsemanship, Inc., delivered at their stable in Tully, NY. (Students may choose from various sessions which will include weekday afternoons and evenings, with hours likely at other times as well, including

Saturdays). Enrollment remains open until May 20, 2019. Instructors include: Andrea Colella, Director, From the Ground Up Therapeutic Horsemanship, Inc. and Yvonne Smith, MSW, PhD, Associate Professor, School of Social Work, Syracuse University. For registration information contact: http://summer.syr.edu. For questions about the course, contact Yvonne Smith @ ynsmith@syr.edu.

For those who are unable to attend the Summer Session course, From The Ground Up Therapeutic Horsemanship, Inc. also offers 4 week "Introduction to Equine Assisted Activities and Therapies" workshops in the summer and fall that are open to students from area colleges, practitioners in the helping professions and anyone interested in learning more about the growing array of Equine Assisted Activities and Therapies, as well as the research and methodology of different models and approaches. To learn more about From The Ground Up Therapeutic Horsemanship, Inc., visit ftguhorses.org and to learn about upcoming workshops and events, please email: ftguinfo@yahoo.com. (See Page 12 -: Introduction to Equine Assisted Activities and Therapies flyer).

Andrea Stukey Colella, Executive Director





SWK 482/682: Introduction to Equine Assisted Activities and Therapies

Summer Session 1: May 20 to June 28, 2019

One classroom session on the SU campus, Mondays, 6:00-9:45 p.m. Experiential hours (3.5 per week) with From the Ground Up Therapeutic Horsemanship, Inc. at Gentle Hill Farm, 1238 North Road, Tully, NY 13159 (just south of Lafayette). Students choose the days and times for the experiential portion of the course.



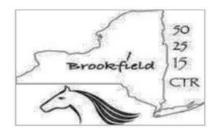
An innovative, hands-on 3 credit course in the therapeutic use of horses for people with physical, cognitive, and behavioral/emotional challenges.

Equine-assisted activities and therapies (EAATs) can have powerful benefits for children and adults experiencing a range of challenges. Students in this course learn about the nature of horses as aids to motivation, learning, and healing, types of EAATs, and up-to-the-minute research on these interventions. In partnership with *From the Ground Up Therapeutic Horsemanship, Inc..,* students will receive hands-on training assisting clients in mounted and unmounted EAATs.

- Graduate and undergraduate students from all programs and majors, non-matriculated students with
 an interest in volunteering in therapeutic horsemanship programs, and practicing professionals in
 human services or health care are all welcome in this course.
- No prior experience with horses or the helping professions is required.
- Weekly classroom and experiential sessions are required.
- Travel to From the Ground Up Therapeutic Horsemanship, Inc. in Tully, NY is required—car pools may be arranged.

Instructors: Andrea Colella, Director of From the Ground Up Therapeutic Horsemanship, Inc., is a PATH Int'l Certified Instructor and Equine Assisted Growth & Learning Association (EAGALA) Equine Specialist. Yvonne Smith. Ph.D. is an Assistant Professor in the School of Social work.

For more information, contact Dr. Yvonne Smith







NYSHC

The Brookfield Rides will again be held at

Pure Country Campground (PCC) New Berlin, NY

adjacent to the beautiful Brookfield State Forest on June 21-23, 2019.

<u>New</u> this year ride distances will consist of a 2-day 50 mile CTR, a 25 mile CTR as well as a 15 mile CDR on both Saturday & Sunday.

We are **also** adding competitive driving with a 15 mile CDD on Saturday and a 25 mile CTD on Sunday.

Join a friendly community of riders, drivers and volunteers while building a partnership with your horse.

For information about or to register for the ride contact: Joanna Lasher, Registrar. jolasher65@gmail.com 518-882-1515 or 518-577-9638 cell Entries & information available at www.nyshc.org



ECTRA

Sanctioned

Brookfield

Competitive

Trail Rides/ Drives

2019 Annual General Meeting SAVE THIS DATE Saturday, September 21, 2019

Save the date for the NYSHC's 51st Annual General membership meeting on September 21, 2019, Location TBA. Details to follow as soon

as possible. Information will be posted on the NYSHC Website as it becomes available. https://www.nyshc.org

In Memory of our lovely friend and dressage mentor, Rikki Bruckman

Only 6 years ago, Rikki made the major life decision to move to Western New York with horses Luxor and Stella in tow to be reunited with lifelong love David Chugg. Almost immediately, Rikki made an impact on not only the horse community but everyone that knew her.



Personally, I have had the great pleasure to work with Rikki on the Board of Directors of the Western New York Dressage Association over the past few years. Anyone who knew Rikki knew of her spunk and passion for dressage. Although Rikki started riding jumpers early in her career, she developed into a proficient dressage rider under the strict tutelage of renowned trainer, Karl Mikolka. More recently, before coming to Western New York, Rikki had trained with Shannon Peters in California where she showed her talented, beloved equine partner, Luxor, in the CDIs while there.

Rikki was an intuitive, knowledgeable and effective rider and instructor especially talented at working with difficult horses. She always had the best interest at heart for both horse and rider. Horses and riders always showed improvement under Rikki's guidance, which is the highest praise for any instructor.

As an L (USDF Learner dressage judge program) graduate with distinction, Rikki was also instrumental in bringing the USDF L Program Part 1 to Western New York. This extensive 3 weekend Program was well received in the community and considered to be one of the top reviewed L Programs in the country. Though Rikki was diminutive in stature, her persona was bigger than life. She brought together the community of dressage riders in the area with her ebullient personality and unfailing optimism. Anyone that knew Rikki saw that she had a flair for fashion and loved her "bling". If there was a best dressed category at equine events, Rikki was sure to win. Her community of riding students developed the collective nickname of "Rikki's Rhinestones" to honor their stylish instructor.

Long time student and friend, Susan Clark, said that Rikki was like a meteor that came into our lives, brightened our world, then all too soon left us. Rikki will be sorely missed by all who knew her.

Debbie Kondoff

Looking for a New Best Friend for You and Your Horse?

Ease mounting pressures on your horse. The occasional mount from the ground won't seriously damage your horse's back or your saddle. It's the daily habit of mounting from the ground that will cause trouble and make your horse difficult to mount.

For the rider, a mounting block eliminates the stress of having to stretch for the stirrup and strain to pull up on a horse. For the horse, being mounted from a block, rock or rise of ground considerably reduces the amount of saddle torquing his back has to endure.



New York State Horse Council's 51st Fall Pleasure Ride October 11-14, 2019 during Columbus Day Weekend

NYSHC members will be gathering during the Columbus Day Weekend this coming October for the annual Fall Pleasure Ride and Activities at the Madison County Fairgrounds in Brookfield, N.Y.





If you are interested in volunteering, there are many opportunities i.e., (Barn Managers (set up/take down/repairs/provide customer assistance), Jar Wars, 50/50 Raffle, Auction (set up/organize/collect data/present items), Registration Office, Weekend Activities (Poker Run/Obstacle Challenge or Costume Class/Weigh In your Horse, and more. Please contact Shannon.Budnik@nyshc.org for more information.

Brookfield Competitive Trail Ride/Drive On June 21-23, 2019

The Brookfield CTR/D sponsored by the NYSHC will again be held at Pure Country Campground adjacent to the beautiful wooded Brookfield State Horse Trail System. There will be a two-day 50 mile ride, two twenty five mile rides and, new this year, a 25 mile Drive. For those who want to start out with a shorter distance there will be two 15 mile Conditioning Distance Rides (CDR) and a 15 mile Conditioning Distance Drive (CDD). The new format will give lots of options as well as adding drives.



Competitive Trail Riding is not a race or an obstacle course. It is held over a set, marked course. With minimum and maximum times averaging about 6 mph (a medium trot). A veterinarian will assess the horse at the beginning of the ride and then again at the end of the ride. The horse will be allotted 100 points. Points will be deducted for indications that the horse is tired or injured through such signs as lameness, scrapes, bruises or tack rubs or metabolic problems; or the horse has exceeded the time limits. The event is sanctioned by the Eastern Competitive Trail Riding Association. Rules and suggestions for how to get started can be found at www.ECTRA.org.

The sport is a great way to develop a partnership with your horse, as well as to learn how to take care of your horse. Riders and volunteers are a friendly group who enjoy helping out new riders in the sport. If you want to learn more about the sport and get to know people, volunteering is a great way to learn.

Further information and entry forms can be found at www.NYSHC.org or contact Joanna Lasher, Ride Manager at jolasher65@gmail.com or 518-882-1515.

International Trails Symposium April 28 – May 1, 2019 Held at the Nicholas J. Pirro Convention Center (OnCenter) Syracuse, NY

Submitted by Pauline Burnes, Registered Landscape Architect, Presenter, and member of the NYSHC Catt-Chaut Chapter

American Trails, Inc. is a non-profit trails advocacy organization based in California. They organize the International Trails Symposium held every two years at sites across the United States. In 2019, Syracuse was selected for this excellent event with speakers and attendees from all over the world! Prior to the formal start of the symposium all day workshops were offered on Friday and Saturday instructed by the Professional Trail Builders of America.

A Horse Trails Caucus was held Sunday, April 28, facilitated by Pauline Burnes. Some of the Action Items from that caucus include the following: create a National Equestrian Trail Symposium to bring together equestrians to problem solve and establish the criteria and vision for equestrian trail use. Coordinate with American Trails, Inc. to act as Horse Trails Clearinghouse on their web site. Attendees: leverage your capacity to maintain the trails, create signs to notify the public that equestrians are trail advocates that fund and maintain multi-use trails

The New York State Horse Council had a booth in the vendor's demonstration hall, in an excellent location. Pauline Burnes presented "Using Horse Power for Multi-Use Trail Improvements". Examples of horse trail construction and maintenance included the West Almond Trail System in Allegany County, Otter Creek, and the Pine Hill/South Valley 30 mile trail system in Cattaraugus County. Dan Gruen spoke after Pauline on the Brookfield Trail System.

Other equine related topics and useful workshops included Maximize and Sustain Your Volunteer Community; Health Benefits and Funding of Close-to-Home Trail Systems; Connecting Communities: Transportation and Recreation Networks; Pursuing Funding Across 15 States; Planning, Funding and Managing Equestrian and Multi-Use Trails Through Collaboration; No Conflict Equestrian Trails; Creating Sustainable Internship Programs; Advancing Trail Stewardship: Developing Sustainable Volunteer Programs and a Guided Horseback Riding Program in a Public Multi-Use Park (we actually went for a trail ride at Highland Forest). There were many other workshops and presentations throughout the symposium.

Ainsley Smith, one of the visionaries for the implementation of the Pine Hill/South Valley trail system noted "Besides the amazing amount of useful material that was presented I was very impressed by how kind and nice everyone was whether they were ordinary people or the top leaders in their field." Carol Schmeltz, representative on the NY Trails Council, stated "One of the big ideas I learned is that equestrian trails for recreation can be included whenever public comments are submitted to the Federal Energy Regulatory Commission (FERC). Recreation plans that go along with the FERC study can be updated every 7-10 years, so equestrian trail concerns that may not have been submitted previously have another chance at being accepted. This goes for any power relicensing project nationwide which is usually renewing a 50 year license or contract agreement."

2019 HUDSON VALLEY OBSTACLE CHALLENGE CHAMPIONSHIP SERIES



ARE YOU AND YOUR HORSE UP TO THE CHALLENGE?!?

Negotiate 10 timed, judged obstacles

Saturday, May 26th 9:00 am Revolution Equestrian

15 Kirby Hill Rd, Pawling, NY- contact Martine Howes 516-710-3780

June or July TBD?? 9:00 am Sunside Equestrian

418 County Rd 20, Cairo, NY- contact Ericka Rose 518-928-0939

Sunday, August 18th 9:00 am Ulster County Horse Council

Kindred Spirit Horsemanship, New Paltz, NY- contact Donna Putnam 845-728-2229

Sunday, September 15th 9:00 am Middletown Rotary/Equine Rescue Resource

Fancher Davidge Park, Middletown, NY- contact Colleen Segarra 845-744-1728

Open and Novice Division Year-End Series Championship cash prizes awarded!!!

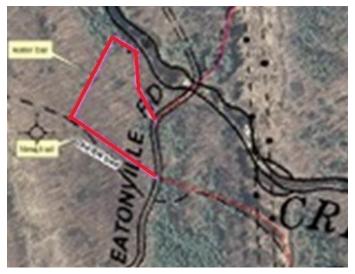
For series information, please contact coordinator Donna Putnam at donnaputnam3237@gmail.com

Trail Riding Suggestions

- Carry human and horse first-aid supplies in your saddlebag.
- Wear a helmet and appropriate footwear with a heel that fits easily in and out of your stirrups.
- Carry a Halter, lead rope, hoof pick, sharp knife, bug spray, and keep cell phone on your body.
- Take s sponge that fastens to your saddle on a hot day to sponge your horse with...
- Water bottle, and quick energy snack for the rider.
- Ride single file when another rider is approaching and keep your horse at a walk, or wait till they pass.
- When meeting hikers and bicyclists, reduce gait to a walk and allow room to pass.
- If your horse kicks, tie a red ribbon in its tail.
- If you have an unruly horse which you cannot control at all times, **please do not bring the horse on public trails.**
- Carry a trail map and know your location.
- If riding by yourself be sure someone knows where you are heading and when you expect to be back.

Re-Route Added to the Otter Creek Horse Trails

The Otter Creek Horse Trail System is a series of interlocking trails comprising about 65 miles. They are located on both the Adirondack Forest Preserve and on State Forests on the western border of the Adirondack Park in Lewis County.



A 0.34 mile reroute of the Eatonville Trail is in place with red horse head markers. This re-route

separates horses from vehicle traffic on the 2 blind curves on the Eatonville Road. The new trail follows the old railroad bed for a way, then cuts down the hill to an area near Otter Creek and then back toward the bridge.

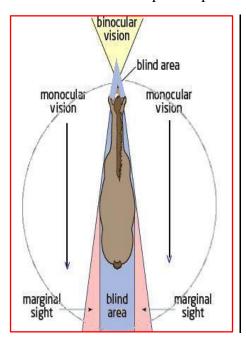
For an on-line version of the Otter Creek Horse Trails go to the Friends of Otter Creek Horse Trails' web site at

http://friendsofottercreekhorsetrails.com and click on "Trails." The "Trail" page is on the Lewis County website and is updated on a regular basis.

<u>Friends of Otter Creek</u> is a group of equine and trail enthusiasts who have a strong desire to preserve the nature of the Otter Creek Horse Trail system. Their mission statement: "is to develop, promote and maintain the Otter Creek Horse Trail system achieving a unique and sustainable trail riding destination."

Ever Wonder Why Your Horse Spooks- Think About His Senses: Vision, Hearing And Smell

The senses are an important part of what makes horses behaviorally distinct and help to keep him alive.



Hearing

A horse's hearing is much keener than ours. They use their hearing for three primary functions: to detect sounds, to determine the location of the sound, and to provide sensory information that allows the horse to recognize the identity of these sounds. Horses can hear low to very high frequency sound, in the range of 14 Hz to 25 kHz (human range = 20Hz to 20 kHz). Horses ears can move 180 degrees using 10 different muscles (compared to three muscles for the human ear) and are able to single out a specific area to listen to. This allows the horse to orient itself toward the sounds to be able to determine what is making the noise.

Smell

The horse's range of smell is more acute than that of humans but less sensitive than that of dogs. Horses use their sense of smell to identify other horses, people, predators and feedstuffs, just to name a few examples. Horses can identify medicine in feed even when we attempt to mask it in tasty treats. Horses may have a seemingly irrational fear of some smells, such as strong odors associated with pigs.

Places to Vacation with Your horse in New York State

Allegany State Park Equestrian Trails Horse Trails 2373 ASP, Rte 1, Salamanca, NY 14779. A primitive horse camping area in the Red House area is available, if you would like to extend your stay, (Call 716-354-9121) and in the Quaker Area, cabins are available where you can have horses (call 716-354 2182). For reservations at the horse camp, please call (716) 354-9101 ext. 259.

Bear Spring Mountain Campground & Day Use Area Bear Spring Mountain is located in the western end of the Catskill Forest Preserve at 512 East Trout Brook Road, Downsville, NY 13755. The facility is broken into two distinct areas, the Launt Pond Area (the main campground) and the Spruce Grove Camping (horse camping) area which has 24 horse tie stalls and horse accessible ramp and, 24 miles of multi-use trails.

Brookfield Horse Trail System Horse Trails Brookfield, NY 13485. Over 100 miles of trails for riding and driving. There is plenty of room for big rigs, circular driveway in camping area.

<u>Cold River Horse Trail System Horse Trails</u> The Cold River Region is located in southern Franklin County and the northern part of Essex County. The Cold River Horse Trail Complex is basically designed to include two loops, the shorter loop being 12.7 miles in length and the longer one 32.1 miles long, thus providing a one day ride for those who wish to return the same day, or a 2-3 day ride for those who prefer the longer trip with primitive camping.

<u>Endless Trails Guest House</u> For those who want the comfort of home while riding on the Brookfield Trail System which is 130 miles of groomed trails maintained by the New York State Department of Conservation. Check out this website: http://endlesstrailsguesthouse.com/.

<u>Finger Lakes National Forest - Hector, Schuyler County</u> The Finger Lakes National Forest lies on a ridge-called the back bone-between Seneca and Cayuga Lakes in the Finger Lakes region. New York State's only national forest, this multi-use land is reminiscent of western national forests with a great deal of open land and free-ranging cattle. The forest has over 30 miles of interconnecting trails that traverse gorges, ravines, pastures and woodlands. The forest is managed to provide a diversity of native forestlands, shrublands and grasslands, including areas of native older forests, diverse wildlife habitats, quality recreation areas and forage for livestock. There are over 30 miles of trails and Roadways to ride on. There is a semi private area just for people with horses, which is open Memorial Day through Columbus Day Weekend https://www.dec.ny.gov/outdoor/66666.html.

Frontier Town Campground, Equestrian and Day Use Area Equestrian Camping Area horse camping with electric hook ups modeled after DEC's Otter Creek facility, the equestrian camping area provides space for 33 equestrian camping sites including American with Disabilities Act (ADA) compliant features. The equestrian campsites each have electrical hookups, hibachi-style grills, 2 tie stalls, and water spigots within 250 feet of each campsite. Thirteen horse tie stalls located next to the camping pads, each having a capacity of up to five horses, and one stud stall will provide the capacity for up to 66 horses. Two ADA compliant horse mounting ramps are also be available for campers. This area also includes one shower building and a pavilion with electrical outlets and interior lighting. https://www.dec.ny.gov/outdoor/112046.html.

<u>Horse Camps at Otter Creek Horse Trails</u> For those who want the comfort of home while riding on the 65 miles of trails in the Otter Creek Trail System Horse Trails check out this website: http://horsecampsatottercreek.com/

<u>Lake George Horse Trail System</u> This system is located in Washington County in the Towns of Fort Ann and Dresden. This system has trails for single lane and side by side riding on a variety of loops. The trails follow streams with waterfalls, past vistas overlooking Lake George and large forested areas and have appropriately located lean-tos on small ponds for the rider who would like to camp overnight. Approx. 41 miles of trails.

<u>Luzerne Campground and Horse Trail System</u>: The Luzerne Campground is located 8 miles south west of Lake George Village on Rt. 9N, Lake Luzerne, NY. There is a special camping area for equestrians. This includes a barn and corral with a watering trough, and tent and trailer sites equipped with fireplaces and tables located in a nearby grove of pines.

<u>Little Valley Horse Park and Trails Horse Trails</u> All levels, from beginner to advanced trail riders. There are more than 30 miles of trails as well 24 camper spots available with hook-ups and 50+ spots without hook-ups, call (716) 969-7390 for reservations. Located at 5397 Route 353, Little Valley, NY 14755.

Otter Creek Trail System Horse Trails Lewis County, Chases Lake Road, Glenfield, NY offers over 65 miles of trails. There is plenty of parking with 3 large assembly areas for camping as weel as 100 covered tie stalls. For more information http://www.dec.ny.gov/outdoor/8088.html

<u>Phillips Creek State Forest</u> 2,709 acres located in DEC Region 9. This area provides opportunities for many informal outdoor recreational activities such as cross-country skiing, snowshoeing, hiking, biking, horseback riding, snowmobiling, and camping. In addition to the Route 244 parking area and horse stall facility at Phillips Creek, the neighboring Turnpike State Forest has a horse stall facility on Stewart Forest Road which is a central hub for a 28-mile horse trail network. This network connects Phillips Creek, Turnpike and Palmer's Pond State Forest. Many additional miles of connecting state forest roads and lightly traveled town roads are also used by equestrians. Trails are only open for horses between June 1 and September 30. https://www.dec.ny.gov/lands/49572.html

<u>Pine Hill Horse Trails</u> Pine Hill State Forest totals 1,139 acres and is located in the Towns of Randolph and South Valley, in Cattaraugus County. Camping is free though you must have a permit to camp more than 72 hours or have a group larger than ten. Call DEC Ranger at 716-771-7191 for camping permits. The NYSHC maintains a trail system on this unit that connects with neighboring South Valley State Forest. A large parking lot has been constructed at what locals call "Pineapple Junction" off Carr Corners Road. Space is available for a number of large horse trailers. This area can also be used for camping with self-contained units. For more information https://www.dec.ny.gov/lands/68174.html.

<u>Pure Country Campground</u> located at 176 Kelly Rd, New Berlin, NY 13411 near southern end of trails of Brookfield Horse Trails offers variety of campsites from rustic to cabins. For more information go to https://www.purecountrycampground.com/

<u>Rattlesnake Ranch</u> For those who want the comfort of home while riding on miles of the Chautauqua County Equestrian Trail System check out this website: https://rattlesnakeranchny.com/ Located at 1205 Boutwell Hill Rd, Cherry Creek, NY 14723.

<u>Ridin Hy Ranch</u> in Warrensburg, NY is not only a family resort but also offers accommodations for you to bring your own horse to ride on their 700 acres of scenic trails. For more information: https://ridinhy.com/

<u>Sugar Hill State Forest</u> .. DEC Region 8 Bath Sub-Office (M-F, 8:30 AM - 4:30 PM), 607-776-2165. The Sugar Hill Recreation Area, located off of Tower Hill Rd, is the largest designated camping area on Sugar Hill State Forest. Available on a first-come first-serve basis is a nine-acre open field for camping, with a limited number of fire rings and picnic tables. Other facilities there include a picnic area with picnic tables, pavilion, accessible horse-mounting platform, open horse stalls, during summer months a restroom with potable water are available, and access to the Six Nations Trail System, as well as the Sugar Hill Fire Tower. The gate is opened to vehicle traffic, and the water is turned on, from the 3rd Monday in May through the 3rd Monday in October of each year. The Six Nations Trail System is a series of loops and spurs, covering about 35 miles. For more information go to: https://www.dec.ny.gov/lands/37446.html

<u>Woodside Campground</u> Located at 8248 Griswold Road, Cassadaga, NY 14718. Sits on the edge of 2,600 acres of pristine New York State woodlands. Has an area for camping with your horse which has water and electric. http://www.woodsidecampground.com/

NY STATE HORSE SERVICES DIRECTORY BY CATEGORY HORSE & RIDER SERVICES

Adoption

Equine Rescue Resource Inc. ...PO Box 17 Pine Bush NY 12566 ..(845) 744-1728 **Lollypop Farm, Humane Society of Greater Rochester** ..99 Victor Road Fairport NY 14450 ..(585) 223-1330

Boarding

Amy Hanssen Training Center Inc. ...9063 Chestnut Ridge Road Middleport NY 14105 ..(716) 735-7988

Heritage Ridge Equestrian Center ...9694 Fargo Road Corfu NY 14036 ..(716) 946-4163

Laurelin Farm ...2920 Route 39 Collins NY 14034 ..(716) 532-9434

Pine Plains Equestrian ...2054 Route 83 Pine Plains NY 12567 ..(518)-398-1034

Ridgebury Farm, Inc. DBA Ives Farm ...99 Ives Farm Road Brewster NY 10509 ..(845) 661-8780

Taylor's Tack and Field ...9192 Skaneateles Tnpk Hubbardsville NY 13355 ..(315) 723-7063

Thunderhorse Hollow Farm ...50 Hardenburgh Rd Ulster Park NY 12487 ..(207).286.7399

Camps

Equine Awakenings Inc. ...220 Parrott Road Cayuta NY 14824 ..(607) 434-7926

Laurelin Farm ...2920 Route 39 Collins NY 14034 ..(716) 532-9434

Clinician/Clinics

Equine Awakenings Inc. ...220 Parrott Road Cayuta NY 14824 ..(607) 434-7926

Equine Essence ...2730 Upper Mountain Rd Sanborn NY 14132 ..(716) 481-9812

Laurelin Farm ...2920 Route 39 Collins NY 14034 ..(716) 532-9434

Lorick Stables ...840 Lake Rd Youngstown NY 14174 ..(716) 745-3611

Mangold Ranch Versatility ...4870 Upper Mountain Road Lockport NY 14094 .. (716) 201-6229

Message & More Equine Therapy, LLC ...3332 Maple Ave. Allegany NY 14706 ..(716)-474-6786

Sonny Garguilo Go Natural ...975 Ocean Ave. Bohemia NY 11716 ..(516).790.8367

Education

Cornell Cooperative Extension Orange County .18 Seward Ave., Suite 300 Middletown NY 10940 (845) 344-1234

Donkey Park, Inc. ...35 Ulster Ave Ulster Park NY 12487 ..(845) 389-9159

Equine Awakenings Inc. ...220 Parrott Road Cayuta NY 14824 ..(607) 434-7926

Equine Essence ...2730 Upper Mountain Rd Sanborn NY 14132 ..(716) 481-9812

Lucky Orphans horse Rescue ...2699 Route 22, PO Box 334 Dover Plains NY 12522 ..(845) 416-8583

Manitou Farm ...56 South Mountain Pass Garrison NY 10524 .. (845) 737-7556

Message & More Equine Therapy, LLC ...3332 Maple Ave. Allegany NY 14706 ..(716)-474-6786

New Hope Community Inc. ... PO Box 289, Loch Sheldrake, NY 12759 .(845) 434-8300 ext.333

Sonny Garguilo Go Natural ...975 Ocean Ave. Bohemia NY 11716 (516) 790-8367

Speaking of Horses ...P.O Box 181 Whitewater Wi. 53190

<u>Farrier</u>

Better Be Barefoot ...8002 Tonawanda Creek Rd Lockport NY 14094 ..(716)432-2218

Feed/Supplements

Green Mountain Nutritional Services, Inc. ...247 Main Street Attica NY 14011..(585).591.0922

Jim s Farm Service ...4030 Rt. 98 North Java NY 14113 ..(716) 364-9593

Ridgebury Farm, Inc. DBA Ives Farm ...99 Ives Farm Road Brewster NY 10509 ..(845) 661-8780

Taylor's Tack and Field ...9192 Skaneateles Tnpk Hubbardsville NY 13355 ..(315) 723-7063

Horsemanship

Bits N Spurs Trail Riding Association ...4473 Chautauqua-Stedman Rd Mayville NY 14757 ..(716) 673-5955

Equine Awakenings Inc. ...220 Parrott Road Cayuta NY 14824 ..(607) 434-7926

High Hurdles Therapeutic Riding of SASI ... 13339 Rt 39 Sardinia NY 14134 716) 496-5551

Mangold Ranch Versatility ...4870 Upper Mountain Road Lockport NY 14094 ..(716) 201-6229

Taylor's Tack and Field ...9192 Skaneateles Tnpk Hubbardsville NY 13355 ..(315) 723-7063

Humane Welfares

Equine Rescue Resource Inc. ...PO Box 17 Pine Bush NY 12566 ..(845) 744-1728 **Lollypop Farm, Humane Society of Greater Rochester** ...99 Victor Road Fairport NY 14450 ..(585) 223-1330 x193

Legal

The Osborn Law Group, Equine Law. 200 North Sea Road, Ste.B. Southampton, NY 11968 (631)-353-3355

Lessons

Amy Hanssen Training Center Inc ...9063 Chestnut Ridge Road Middleport NY 14105 ..(716) 735-7988

Equine Awakenings Inc. ...220 Parrott Road Cayuta NY 14824 ..(607 434-7926

Equine Essence ...2730 Upper Mountain Rd Sanborn NY 14132 ..(716) 481-9812

Heritage Ridge Equestrian Center ...9694 Fargo Road Corfu NY 14036 ..(716) 946-4163

High Hurdles Therapeutic Riding of SASI ... 13339 Rt 39 Sardinia NY 14134 .. (716) 496-5551

Laurelin Farm ...2920 Route 39 Collins NY 14034 ...(716) 532-9434

Lucky Orphans horse Rescue ...2699 Route 22, PO Box 334 Dover Plains NY 12522 ..(845) 416-8583

Mangold Ranch Versatility ...4870 Upper Mountain Road Lockport NY 14094 ..(716) 201-6229

Manitou Farm ...56 South Mountain Pass Garrison NY 10524 .. (845) 737-7556

New Hope Community Inc. ... PO Box 289 Loch Sheldrake NY 12759 .. (845)434-8300 ext.333

Taylor's Tack and Field ...9192 Skaneateles Tnpk Hubbardsville NY 13355 ..(315) 723-7063

Wolcott Farm 4 Seasons of Fun ...4085 Quakertown Rd Warsaw NY 14569 ..(585) 786-3504

Rescue

Big River Barn Rescue ...7 Harbor Hill Road Glen Cove NY 11542 ..(516)-650-0016

Equine Rescue Resource Inc. ...PO Box 17 Pine Bush NY 12566 ..(845) 744-1728

Lollypop Farm, Humane Society of Greater Rochester ...99 Victor Road Fairport NY 14450 ... (585) 223-1330 x193

Lucky Orphans horse Rescue ...2699 Route 22, PO Box 334 Dover Plains NY 12522 ..(845) 416-8583 Roanchar Ranch Draft Horse Rescue ...3282 Centerline Road Varysburg NY 14167 .. (716) 289-7370

Showing

Amy Hanssen Training Center Inc ...9063 Chestnut Ridge Road Middleport NY 14105 ..(716) 735-7988 **Lorick Stables** ...840 Lake Rd Youngstown NY 14174 ..(716) 745-3611

NYS Registered Haflinger Association ...7744 Jay Street Williamson NY 14589 ..(315) 589-2318

Tack

Allegany Mountain Trail Saddles ...12076 Warner Hill Road South Wales NY 14139 ..(716) 652-0680 Ploughmans Saddle & Bride Repair LLC ...255 Quail Street Albany NY 12203 ..(518) 426 7022 Taylor's Tack and Field ...9192 Skaneateles Tnpk Hubbardsville NY 13355 ..(315) 723-7063 Trufit Saddle Inc ...3011 West Blood Rd. East Aurora NY 14052 ..(716) 435-6051

Training

Amy Hanssen Training Center Inc ...9063 Chestnut Ridge Road Middleport NY 14105 ..(716) 735-7988 Heritage Ridge Equestrian Center ...9694 Fargo Road Corfu NY 14036 ..(716) 946-4163

Lorick Stables ...840 Lake Rd Youngstown NY 14174 ..(716) 745-3611

Mangold Ranch Versatility ...4870 Upper Mountain Road Lockport NY 14094 ..(716) 201-6229

Sand Meadow Farm ...300 Taylor Rd Honeoye Falls NY 14472 ..(585) 624-4468

Sonny Garguilo Go Natural ...975 Ocean Ave. Bohemia NY 11716 ..(516) 790.8367

Wolcott Farm 4 Seasons of Fun ...4085 Quakertown Rd Warsaw NY 14569 ..(585) 786-3504

Therapeutic

From the Ground Up Therapeutic Horsemanship Inc ...1238 North Road Tully NY 13159 ..(315) 382-3664 High Hurdles Therapeutic Riding of SASI ...13339 Rt 39 Sardinia NY 14134 .. (716) 496-5551 New Hope Community Inc. ... PO Box 289 Loch Sheldrake NY 12759 ..(845)434-8300 ext.333

Veterinarian

Genesee Valley Equine Clinic ...925 Chili Scottsville Rd Scottsville NY 14546 ..(585).889.1170 Royalton Equine Veterinary Services, P.C. ...7735 Chestnut Drive Lockport NY 14094 ..(716) 629-8384

Veterinarian

Willow Lane Equine ...6 Annarock Dr. Somers NY 10589 ..(845)-654-1345

MARKETING & PUBLICATIONS

Zehr.net ...2061 Ridge Road Athens PA 18810 ..(607)-426-6586

ORGANIZATIONS & CLUBS

Driving

East Aurora Driving Society ...c/o 892 Jewett Holmwood Rd East Aurora NY 14052 ..(716) 380-5724 **Manitou Farm** ...56 South Mountain Pass Garrison NY 10524 ..(845) 737-7556

NYS Draft Pony and Mule Association ...2781 Clarks Corners Rd Marathon NY 13803 ..(607)-849-4433

NYS Registered Haflinger Association ...7744 Jay Street Williamson NY 14589 ..(315) 589-2318

Horse Clubs

Donkey Park, Inc. ...35 Ulster Ave Ulster Park NY 12487 ..(845) 389-9159

Grafton Trail Riders ...29 Trail Riders Way Grafton NY 12082 ..(518) 268-9860

NYS Draft Pony and Mule Association ...2781 Clarks Corners Rd Marathon NY 13803 ..(607)-849-4433

NYS Registered Haflinger Association ...7744 Jay Street Williamson NY 14589 ..(315) 589-2318

Horse Clubs

Orleans County Boots & Saddle Club ...PO Box 120 Clarendon NY 14429 ...n/an/a
Western NY Quarter Horse Club ...3796 North Ridge Road Niagara NY 14094 ...(716) 439-4499

Trail Riding Clubs

Aurora Trail Riders, Inc. ...711 Luther Road East Aurora NY 14052

Big River Barn Rescue ...7 Harbor Hill Road Glen Cove NY 11542 ..(516)-650-0016

Bits N Spurs Trail Riding Association ...4473 Chautauqua-Stedman Rd Mayville NY 14757 ..(716) 673-5955

Landsman Kill Trail Association ...63 Cobblestone Ridge Hyde Park NY 12538 ..(518) 537-4779

Pine Ridge Dude Ranch ...30 Cherrytown Road Kerhonkson NY 12446 ..(845)-626-7345

Taylor's Tack and Field ...9192 Skaneateles Tnpk Hubbardsville NY 13355 ..(315) 723-7063

Thunderhorse Hollow Farm ...50 Hardenburgh Rd Ulster Park NY 12487..(207).286.7399

Youth (4H, Pony Club, College teams),

Cornell Cooperative Extension Orange County ...18 Seward Ave., Suite 300 Middletown NY 10940 ... (845) 344-1234

Niagara County 4H Horse Program ...3796 N. Ridge Road Lockport NY 14094 ..(716)-439-4499

Lodging

Pine Ridge Dude Ranch ...30 Cherrytown Road Kerhonkson NY 12446 ..845-626-7345

Do You Know Equine Vital Signs?

Vital signs - It's important that you know your horse's vital signs, as they are early indications of a problem.

- Heart rate: 28-44 beats per minute depending on the horse's size.
- Respiration: 10-24 breaths per minute.
- Mucous membranes: The horse's gums should be moist and a healthy pink.
- Capillary refill time: If you press your finger firmly against the horse's gums, the point of pressure should return to a pink color within one to two seconds.
- Intestinal sounds: Gurgling, gas-like growls, tinkling sounds and occasional roars are normal. No intestinal sounds or decreased intestinal sounds can be a sign of colic.

Also Important

- A healthy horse will pass manure eight to 12 times a day.
- Urine should be wheat-colored and either clear or slightly cloudy.
- Hydration The average horse drinks between five and 10 gallons of water a day, depending on exercise level and weather conditions.

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