

# Competitive Trail Riding Clinic

Sanctioned by

Eastern Competitive Trail Ride Association

Sponsored by

New York State Horse Council



A Competitive Trail Riding clinic will be held at Pure Country Campground, New Berlin, NY on Saturday April 21<sup>st</sup>, 2018. **9 AM to 3PM**

The management of the Brookfield 50/30/15 Competitive Trail rides will be running this one day clinic. Bring a bag lunch. Drinks will be provided. Entry fee is \$10 unmounted and \$20 mounted this includes trailer parking.

## Clinic topics will include:

- ❖ Introduction to Competitive Distance Trail Riding
  - Competitive, Endurance, Trail Trials
- ❖ Getting Started
  - Type of horse, Basic health care, Tack & shoes, Apparel, Riding, Camping with horses, Learn from volunteering
- ❖ Judging
  - Veterinarian and Lay judge
  - Points judged
  - Pulse and Respiration
- ❖ Training and Conditioning
  - Pacing, Weather considerations, Sponging, Hydration for horse and rider
- ❖ Entering a Ride
  - What to expect at an event – Arrival, Pre-ride vet exam, Pre-ride briefing, Riding the trail, Hold, Finish line, Post-ride vet exam, Post-ride care
- ❖ An optional, timed, 5-mile trail ride after the unmounted clinic
  - It will be marked as if it were a part of a CTR and will be open for any of the participants to ride their horses.
  - It will be on the dirt roads to and in the Brookfield State land.
  - The clinic staff will be on hand at PCC to answer any questions about the trail for those who ride it. We will also help riders check their horse's pulse and respiration rates.

Competitive Trail Rides are judged rides over a set course done at an average speed of about 6 miles per hour this is usually trotting. All riders are expected to take about the same time to complete the ride. These are **not** races **nor** are they obstacle courses. The horse & rider team that completes the course and has the **least** deductions for equine wear and tear or condition issues will be the winner. For more information regarding rules and suggestions for conditioning see [www.ECTRA.org](http://www.ECTRA.org).

For information about or to register for the clinic contact:

**Dan Gruen, Ride Manager**  
[BrookfieldCTR@roadrunner.com](mailto:BrookfieldCTR@roadrunner.com)  
**(315)749-8086**

OR

**Joanna Lasher, Ride Secretary**  
[jolasher65@gmail.com](mailto:jolasher65@gmail.com)  
**(518)882-1515**

More information is also available at: <http://brookfieldctr.weebly.com>